

Catapult™

# HOLIDAY GIFT GUIDE

A collection of local items for the holiday season.



Lakeland, Florida

# ABOUT THE GUIDE

This guide features products from Catapult's Workspace, Makerspace, and Kitchen Incubators. Catapult's incubators provide curated resources and tools for companies to start and scale. Each Incubator specializes in a different industry to accelerate growth.

By shopping local, you are helping to support Lakeland's small business economy. Want to explore more of what members have to offer? Scan the QR code!



# AUDACIOUS NUTRITION

Nutritional supplements and functional beverages to improve metabolic health and boost physical and mental performance.



## KetoSpike Instant Coffee with Ketones

\$40 | 15 Sachets

KetoSpike Instant coffee with BHB ketones: Colombian instant coffee with BHB ketones and 4 electrolytes. Decaffeinated, no sugar.



## Ketostart+ (with caffeine)

\$40 | 10 Sachets

Nutritional supplement with caffeine, lemonade flavor.



## KetoSpike Instant Tea with Ketones

\$40 | 15 Sachets

KetoSpike Instant Tea with BHB ketones: Instant black tea with BHB ketones and 4 electrolytes. Decaffeinated, no sugar.



[audaciousnutrition.com](https://audaciousnutrition.com)



# BANG BANG BAKEHOUSE

Small batch, premium rum cake with flavors inspired by craft cocktails and nostalgic snacks.

## Coquito Rum Cake

\$29 (2 jars) + Shipping

If you've tried coquito before, you know this is a MUST for the holidays. Our jars are made with fresh-baked rum cake soaked in homemade coquito (the Puerto Rican version of eggnog), layered with cinnamon toasted pecan crumbles, topped with sweet coquito icing. Salud!



## Cortadito Rum Cake

\$29 (2 jars) + Shipping

Our take on the popular espresso martini cocktail: Cuban espresso rum cake soaked with coffee liqueur glaze, layered with salted dark chocolate crumbles, topped with "martini foam" icing.



## Original "O.G." Rum Cake

\$29 (2 jars) + Shipping

Our boozy twist on a classic dessert: fresh-baked vanilla rum cake soaked with golden rum glaze, layered with toasted pecan crumbles, topped with sweet rum icing. Cheers!



[bangbangbakehouse.com](http://bangbangbakehouse.com)

# BERGANZA FURNITURE AND DESIGN

Sculpturally inspired furniture and objects.

## 2024 Berganza Holiday Ornament

\$36

2024 origami inspired swan ornament by Robert Berganza in maple wood with folded bronze wings.



[robertberganza.com](https://robertberganza.com)



# EVELYN & CO

A zero-waste lifestyle brand.

## Reusable Paper Towels

\$30

These Reusable Paper Towels are fantastic and the perfect swap for single use towels and napkins. Just wipe, wash, and reuse.

## Tallow Lotion Bar

\$15

Made from locally sourced beef fat, locally sourced beeswax, organic shea butter, and organic coconut oil, these Tallow Lotion Bars are what your skin didn't know it needed.

## Sustainable Starter Box

\$50

This sustainable starter box equips you with the kitchen essentials to start your zero-waste journey! This box comes packaged with a dish soap block, bamboo soap shelf, bamboo dish washing brush, and a 6-pack of reusable paper towels.



[evelynandco.co](https://evelynandco.co)

# HEARTLAND SNACK CO

A snack company specializing in roasted nuts with specialty flavors.

## Roasted Nuts

\$8 (4oz) | \$15 (8oz)

Choose from holiday flavors (Sugar & Spice, Gingerbread, Coffee & Chocolate) or the classics (Sweet & Salty, Cinnamon, Gator Nuts, Slap Nuts, Campfire, Afterburn, Fire).



[heartlandsnack.com](http://heartlandsnack.com)

# iCARBALLO DESIGN

Encouraging jewelry made to uplift one's daily look + mindset.



## I Am Chosen - Earrings

\$30

When looking to wear this design, it's to be a simple reminder of who we belong to as a child of the God of the Universe, the Great I Am.



## I Am Resilient - Earrings

\$30

This set of earrings was made to remind us how by our trials in life, whatever they may be, we have God with us through every step. He sees all our life decisions as ways to seek Him out through them.



## I Am Transformed - Earrings

\$30

This set of earrings was made as a reminder when I was going through my daily devotional, and how we are Transformed by the renewal of our mind. May you see the metamorphosis of your mind as you seek a daily walk with God.



[icarballo.com](http://icarballo.com)

# INSPIRED ALCHEMY

Hand-touched, artisan paper earrings.

## Artisan Paper Earrings

\$95

Hand-touched, individually distinctive, paper, artisan earrings for the artistically expressive woman. The three styles pictured are available in various colors, however, no two earrings are exactly alike and will have minor variances.



[inspired-alchemy.com](http://inspired-alchemy.com)

# LTIS

International desserts + innovative experiences.



## Biscochitos

5 for \$6

Crisp and delicately spiced with cinnamon and anise, these traditional New Mexican cookies offer a perfect balance of sweetness and warmth.

## Honey Poppyseed Cake

6 for \$7

Sweet honey and poppyseeds come together with a touch of pumpkin pie spice in this moist, scratch-made cake.

## Chocolate Orange Cookie

6 for \$12

Rich chocolate and vibrant orange zest come together in these decadent, bite-sized cookies. Each offers a perfect balance of sweetness and tang for an irresistible treat.



[Itisweets.com](https://www.Itisweets.com)

# ONE GOOD KNIFE

A spice company that believes in clean-living for everyone which means small batch production, use of eco-friendly packaging, and avoiding the use of preservatives, anti-caking agents, or fillers of any kind.



## Sticky Orange Spiced Tea

\$5 (2oz) | \$10 (4oz)

Sweet, sticky, and aromatic tea will bring the holiday flavors and scents into your home. It is a blend of local honey, spices, and black tea.

\*Contains caffeine\*



## Holiday Roast Rub

\$6 (2oz)

This blend is warm, sweet, and spiced. The perfect rub for a holiday roast ham.



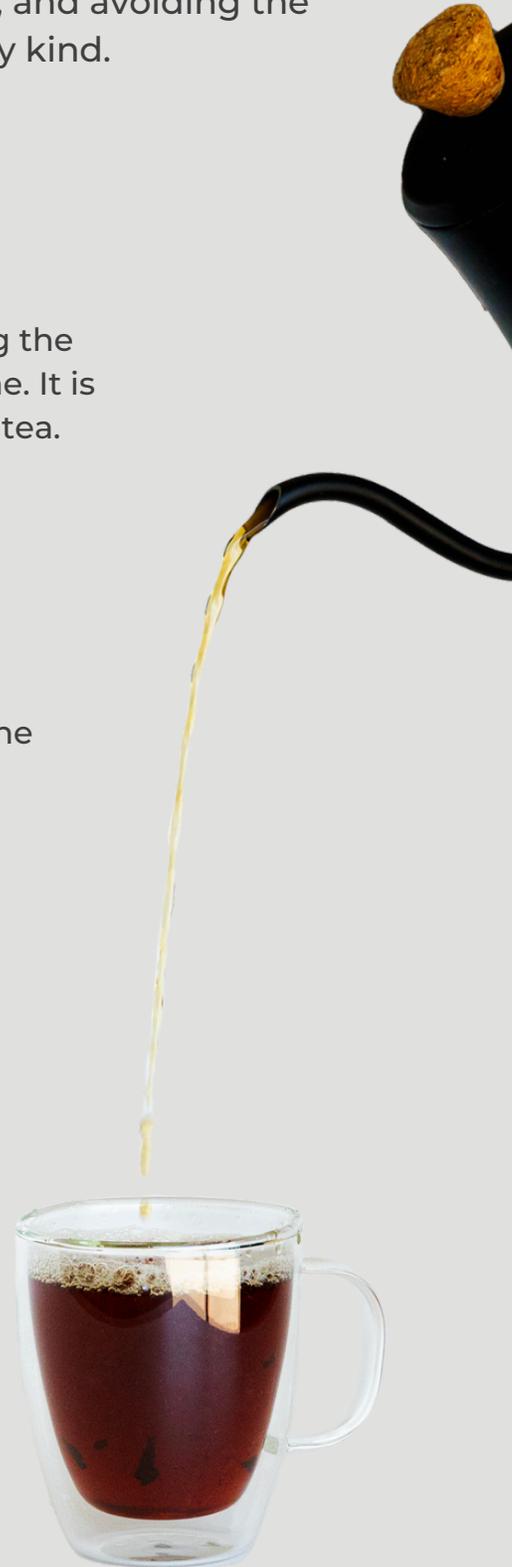
## Mulling Spices

\$6 (2oz)

A perfect blend of spices to make spiced cider, mulled wine, or wassail (an English, Yuletide traditional drink).



[onegoodknifespices.com](http://onegoodknifespices.com)



# POPPIN TOFFEE

When treating yourself to deliciousness is of the utmost importance, Poppin Toffee is the choice for exquisite, gourmet, butter toffee confections.



## O.G. Pop

\$10 - \$32

Indulge in the thickest, crunchiest, buttery-sweet coat of real gourmet toffee found on popcorn anywhere in the world. Poppin Toffee's O.G. Pop stands alone from the crowd... Unapologetic. Extravagant. Luxurious.



## Poppin Toffee Lite Pop

\$10 - \$32

Savor the tastiest and most flavorful indulgence that can be found for less than 100 calories per serving. Poppin Toffee's Lite Pop... Your taste buds' new favorite without the guilt.



[poppintoffee.com](http://poppintoffee.com)

# SPURZILE'S GOURMET

A gourmet food company that specializes in gourmet butter, cookies, candied nuts, and krispies.

## Sweet Maple Cinnamon Rolls

\$20

A pack of four, large, soft cinnamon rolls made with Spurzile's Sweet Maple Butter in the cream cheese frosting. These can be made with or without pecans.

## Gourmet Cookies

\$5 per cookie

Gourmet, soft, flavorful cookies that will satisfy any sweet tooth. There are eight classic flavors and two seasonal flavors: pumpkin and apple pie.

## Candied Nuts

\$8

These are available in Coconut Almond Cashew and Sweet Maple Pecan. Beware, once you start, you will find it hard to resist another handful and before you know it you've devoured the entire bag.



[spurzile.com](http://spurzile.com)

## **LEARN MORE**

This guide was created by Catapult Lakeland, a small business incubator in Central Florida. Catapult was created to help founders build scalable businesses and launch into their own brick and mortar spaces.

Want to learn more? Scan the QR code to explore Catapult's incubators, upcoming events, programs, resources, blog, partners, and more.

Have a business idea? Reach out via the form on our website to get started today!



[catapultlakeland.com](https://catapultlakeland.com)